

Allah said: ﴿So eat and drink of the sustenance provided by Allah﴾, meaning that which comes to you without any effort on your part, ﴿and do not strive to spread mischief in the land﴾ that is, do not try to cause ruin and spread mischief.



﴿وَإِذْ قُلْتُمْ يٰمُوسَىٰ لَنْ نَّصْبِرَ عَلَىٰ طَعَامٍ وَاجِدٍ لَّنَا رَبِّكَ يُخْرِجُ لَنَا مِمَّا تُنْبِئُ  
الْأَرْضُ مِنْ بَقْلِهَا وَقِشَاطِهَا وَفُومِهَا وَعَدَسِهَا وَبَصِلِهَا ۖ قَالَ أَتَسْتَبْدِلُونَ الَّذِي  
هُوَ أَذْيُ بِالَّذِي هُوَ خَيْرٌ أَهَيِّطُوا مِصْرًا فَإِنَّ لَكُم مَّا سَأَلْتُمْ وَضُرِبَتْ عَلَيْهِمُ  
الذِّلَّةُ وَالْمَسْكَنَةُ وَبَاءَ وَ يَغْضَبُ مِنَ اللَّهِ ذَلِكَ يَأْتِيهِمْ كَانُوا يَكْفُرُونَ يٰأَيُّهَا الَّذِينَ  
آمَنُوا لَا تَقْتُلُوا النَّفْسَ الَّتِي حَقَّ عَلَيْهَا الْحَيَاةَ ۚ ذَٰلِكَ بِمَا عَصَوْا وَكَانُوا يَعْتَدُونَ﴾ (سورة البقرة: ٦١)

(٦١)

- 2:61. And [remember] when you said: O Moosâ! We cannot bear to eat only one kind of food; so pray to your Lord for us to bring forth for us of what the earth produces, its herbs, cucumbers, garlic, lentils and onions. He said: Would you exchange that which is better for that which is inferior? Go down to any town, and you will find what you want! They were struck with humiliation and wretchedness; they incurred the wrath of Allah. That was because they rejected the signs of Allah and killed the Prophets unjustly. That was because of their disobedience and transgression.

What is meant is: remember when you said to Moosâ, by way of expressing boredom with the blessings of Allah and scorning them: ﴿O Moosâ! We cannot bear to eat only one kind of food﴾. Although, as we stated above, there were different types of food, the variety was limited.