

among you, after which Allah forgave you because of that, ﴿so that you might be grateful﴾ to Allah.

﴿And [remember] when you said: O Moosâ! We will never believe in you until we see Allah with our own eyes﴾. This was the utmost transgression and audacity towards Allah and towards His Messenger (ﷺ).

﴿but a thunderbolt﴾ that is, either death or deep unconsciousness ﴿struck you while you were looking on﴾ – that happened when you were all looking at one another.

﴿Then We brought you back to life after your death, so that you might be grateful﴾.

Then Allah mentions His favours to you when you were wandering in the wilderness, as He bestowed upon you shade and ample provision: ﴿And We shaded you with clouds and sent down to you manna﴾. Manna is a generic word that applies to all kinds of provision that are acquired without effort, such as ginger, truffles and so on.

﴿and quails﴾. The quail is a small bird, the flesh of which is palatable. The manna and quails would come down to them in sufficient quantities to nourish them.

﴿Eat of the good things We have provided for you﴾ that is, provision the like of which even those who dwell in cities and live a life of luxury do not have. But they were not grateful for this blessing, and they continued to be hardhearted and to commit many sins.

﴿Indeed, they did not wrong Us﴾ by doing these deeds that were contrary to Our commands, for Allah is not harmed by the disobedience of those who disobey Him, just as He does not benefit from the obedience of those who obey Him.

﴿rather they wronged their own souls﴾ because the harm of those actions came back to them.