

The idea of getting down is repeated as the basis for what comes next, which is the words ﴿then when guidance comes from Me﴾. In other words, whenever guidance comes from Me, O humankind and jinn; that is, a Messenger and a Book which will guide you to that which will bring you closer to Me and help you to do that which pleases Me.

﴿whosoever﴾ among you ﴿follows My guidance﴾, by believing in My Messengers and Books and following them, which means believing in everything the Messengers and Books say, obeying the commands and heeding the prohibitions

﴿will have no fear nor will they grieve﴾.

Elsewhere, Allah (ﷻ) says:

﴿...whoever follows My guidance will not go astray or suffer wretchedness.﴾ (Tā Hā 20: 123)

Thus, four things will result from following His guidance:

The one who does that will be safe from fear and grief. The difference between them is that if harm has already befallen a person, that causes grief, and if it is still expected (and has not yet happened), that causes fear. But here Allah tells us that the one who follows His guidance will be safe from both, and the one who is safe from both will attain the opposite, which is complete security. Similarly, Allah states that the one who follows His guidance will not go astray and will not fall into misery; again, the one who is safe from both will attain the opposite, which is guidance and happiness. So the one who follows His guidance will attain security and happiness in this world and the hereafter, and he will be protected from any negative outcomes, such as fear, grief, misguidance and misery. Thus he will attain what he is seeking, and what he fears will be warded off from him. This is the opposite of the one who does not follow His guidance, disbelieves in Him and rejects His signs.