

mere wishful thinking and claims, unless it is proven or disproven by one's deeds.

That also happened to previous nations, as Allah tells us: «They encountered suffering» that is, poverty «and adversity» that is, physical disease «and were so shaken in spirit» with all kinds of fears such as threats to kill or banish them, seizing their wealth, killing their loved ones, and other types of harm, until they reached a point where they were so shaken in spirit that they started to think that the help of Allah was slow in coming, even though they were certain of it, but it was so hard that «even the Messenger and the believers who were with him said: When will the help of Allah come?» Because relief comes when the calamity has become intense, and the worse it gets the sooner it comes, Allah (ﷻ) says: «Verily, the help of Allah is [always] near». This is how it is for everyone who adheres to the truth: he will be tested.

Every time the test becomes too hard, if he is patient and persists in the path he is following, the test will turn into a gift for him, and hardship will turn into ease and will be followed by victory over the enemy and healing from the spiritual diseases in his heart. This verse is like the verses in which Allah (ﷻ) says:

«Did you think that you would enter paradise when Allah has not yet seen who among you will strive hard [in jihad] and has not seen who will remain steadfast?» (*Āl 'Imrān* 3: 142)

«Do people think that once they say: We believe, they will be left alone and not be tested? Indeed, We tested those who came before them. For Allah will surely make known those who are sincere and will surely make known those who are liars.» (*al-'Ankaboot* 29: 2-3)

Thus when faced with tests and trials, the individual will be either honoured or humiliated.