

situation and what he expects to face in the future, he feels distress. When faced with cold that he cannot ward off, he feels distress. All of these and similar calamities he is enjoined to face with patience, seeking reward with Allah and hoping for it.

«and adversity» – this refers to sickness of all types, including fever, injuries, stomach ailments and pain in any part of the body, even toothache or aching fingers and so on. He needs to have patience in facing all of these things, because he feels weak and helpless and is suffering physical pain that is very difficult to bear, especially when it goes on for a long time. So he is enjoined to be patient and to seek reward with Allah (ﷻ).

«and in times of conflict» that is, times of fighting enemies whom we are enjoined to fight, because engaging in physical fighting is very difficult, and a person may fear being killed, injured or captured. So in this situation he needs to be patient and seek reward with Allah, hoping for reward from Allah, from Whom come the help and victory that He has promised to those who are patient.

«Such» that is, those who have the characteristics mentioned above, such as correct belief, and good deeds that are the result and proof of faith, and good manners that reflect the dignity of the individual and the essence of true humanity – such people are «the true believers» who are sincere in their faith because their deeds are a confirmation of that faith.

«and such are the pious» because they have given up what is forbidden and have done what is enjoined, and these qualities inevitably include all good characteristics; fulfilling covenants includes all Islamic teachings. The acts of worship mentioned in this verse are the greatest acts of worship, and the one who does them is more likely to do others. Such are the righteous people who are sincere and pious.