

acceptance of Allah's decree, which makes him grateful to Allah for decreeing for His slave that which is good for him, even if he does not realise it. In addition to the fact that we belong to Allah, we will return to Him on the Day of Resurrection, when He will requite each person in accordance with his deeds. So if we show patience and seek reward, we will find our reward waiting for us with Him, but if we are impatient and resentful, our share will be nothing but resentment and the loss of reward. Knowing that we are slaves of Allah and will return to Him is among the greatest means of attaining patience.

«They» that is, the ones who have this characteristic of patience as described above

«are the ones on whom blessings and mercy from their Lord are [bestowed]» that is, His praising them and highlighting their high status. His mercy is great; by His mercy towards them, He enables them to be patient, by virtue of which they will attain a perfect reward. «and they are the ones who are guided» and who know the truth; they know that they belong to Allah and that they will return to Him, so they act accordingly, thus showing patience for the sake of Allah.

This verse indicates that the one who is not patient will have the opposite of what they have. This implies that he is condemned by Allah and will be punished; it is also indicative of misguidance and loss. How great is the difference between the two types of people; how little is the trouble that the patient may have to bear, and how great is the trouble that the impatient will face. These two verses refer to training oneself to deal with calamity before it happens, so as to make things easier when it does happen; they also tell us what his response should be when calamity strikes, which is to be patient, how to help oneself develop patience, and what those who are patient will have of reward. We also learn that the situation of one who is impatient is the opposite of the situation of one who is patient.

These trials and tests have been Allah's way with those who have gone before, and you will find no change in Allah's way (33: 62).